



19TH HOLE

PRESENTATION NIGHT



In celebration of our club champion and other competition winners throughout the year this is a fantastic opportunity to invite your friends and family to see what great achievements you and your fellow members have accomplished in the grand game of golf... This event includes a two course meal supplied by Golden Roast Caterers, a solo singer guitarist as entertainment, a door prize and raffle.

When: 10th September
Time: 6.30pm

Final details will be posted on the notice board shortly!

CLUB CHAMPIONSHIPS

The club championships begins on the 13th of August and ends on the 27th.
Are you ready?

STATE SENIOR 4BBB CHAMPIONSHIPS

Thursday 8th and Friday 9th September.
\$40 per player– sausage sizzle both days and light supper Friday

Entries close Friday 2nd September.

Entry forms at office reception

LEVY (Second Half)

For new members who may not be aware our course under went quite a large operation last year. The reticulation was completely rewired! What a massive job that was! Thus a levy of \$100 for two years was introduced. The second half is due in October and invoices will be sent out. Your contribution makes a big difference.

Holden Scramble

Sunday 28th August
Have you got your team ready yet?



NEW MEMBERS

We have had a number of new members join our fantastic golf club over the past few months. Please welcome them all and show them what a great Club it is to be a part of.

Welcome to:

Lee Underwood
Patrick Thomas
Craig Hocking
Geoff Perera

Pennants Season

.Congratulations to "Division 8" who brought the winning flag home!!

SPECIAL JUNIOR MEMBERSHIPS WILL BE AVAILABLE SOON! WATCH THIS SPACE...



REMINDER

Half yearly fees are due on the 1st October. If you have had a change of address please inform the office staff as invoices will be posted out.



BUSY BEE

On Sunday the 18th September we need approximately 12 helpers to clear out the garden beds next to the clubhouse for a new project.

In appreciation there will be a BBQ and drinks provided once the work is complete. If you would like to put your name down please see the poster on the notice board.

Rhythm Country Music Club

Holding their first event on 20th August at 7pm. For more information see poster on notice board

Daniel Hoeve

Has returned from America full of enthusiasm after three months of tournaments and fast paced learning with top American coaches. Daniel would like to thank all his sponsors for making this trip possible and looks forward to utilizing his new skills in the pursuit of his golfing career.

Pro Tip - How to have consistency

With Club Championships approaching the key to a good Championship is consistency.

If you watch a golf tournament on television, you notice one thing ALL the golfers have in common, a Pre-shot routine. They all do something the exact same way before each shot.

Most of them also have what is known as a trigger. A trigger is something they do that tells their mind that they are preparing to execute a golf shot.

This can be anything from a tug on your shirt sleeve, to twirling the golf club in your hand or even a phrase that you say to yourself.

One of the easiest ways to improve your game is to focus on your pre-shot routine. Most high handicap golfers don't even have a routine at all, they basically step up to the shot after a couple of practice swings and freeze so they think of negative thoughts. If you don't have a routine you can't have a clear expectation for the shot you are about to hit.

How many times have you missed a putt because you stepped up and just hit it? I know that you're thinking you've made a lot of putts that way also, but when the money is on the line you have to be able to rely on your routine.

When you focus on your routine it takes your mind off of the results. Thinking about the result is a sure way to bring negative thoughts to mind. "If I miss this putt I'll be down \$2". "I haven't made any putts today". Any of these sound familiar? You can't play good golf with negative thoughts in your head. Negative thoughts create doubt, and doubt creates tension. Tension is the biggest curse in golf. Have you ever played good golf in a bad mood?

When you focus on your pre-shot routine you're not thinking about anything else. Ideally your routine should have about 5 steps, if you focus on each step there is no time to have negative thoughts, ie tension.

Here is a simple routine you can use the next time you play.:

1. Say to yourself "Focus". This is your trigger.
2. Stand behind the ball and look at the target.
3. Address the ball and check your alignment
4. Look at the target 2 times
5. Swing the club

Master your pre-shot routine and you will find the key to consistency.

Good luck in the championships.



BITS & PIECES

GOLF ETIQUETTE

PLEASE
be considerate of other golfers
and clean up your bunker lies....

ALSO

Our Greens staff look after our
course so PLEASE take care out
there and look after them!

Hole in One's

Laurie O'Connor	Hole #3
Chris Ford	Hole #16

Eagles on a Par 4

Connor Bishop	Hole #1
Steve Mulhall	Hole #12
Eric Dennis	Hole #1
Dave Robinson	Hole #10

FEELING LUCKY?

Don't forget to buy raffle tickets every Wednesday and Saturday to go into the draw to win either a carton of beer or a bottle of spirits...



Purchase any Carlsberg products and go into the draw to win a 32" LED TV.

Drawn on the 15th September

